

# The Holy Spirit and Transformation

## Romans 8:13



**Romans 8:12 So then, brothers, we are debtors, not to the flesh, to live according to the flesh.**

**Romans 8:13 For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.**

**Two Principles:**

**(Well ... actually three)**





**My Purpose is to**  
**KILL the FLESH**

- **Regeneration Guarantees ...**
- **Conversion ... which Guarantees**
- **Justification ... which Guarantees**
- **Sanctification**

Philippians 1:6 “And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.”

1 Peter 2:11 “Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul. “

Justification	We <b>HAVE BEEN</b> saved	From the <b>PENALTY</b> of sin
Sanctification	We <b>ARE BEING</b> saved	From the <b>POWER</b> of sin
Glorification	We <b>SHALL BE</b> saved	From the <b>PRESENCE</b> of sin



***“The choicest believers, who are assuredly freed from the condemning power of sin, ought yet to make it their business all their days to mortify the indwelling power of sin.”***

**“Do you mortify; do you make it your daily work; be always at it whilst you live; cease not a day from this work; be killing sin or it will be killing you.”**

**John Owen (1616-1683)**

**My Power is the**  
**Holy Spirit**





## Galatians 5:16–17

**<sup>16</sup> But I say, walk by the Spirit, and you will not gratify the desires of the flesh. <sup>17</sup> For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.**

**The Promise is Life**



## Life in the Spirit

Regeneration –  
Titus 3:5

Gratitude –  
Ephesians 4:20

Strength –  
Colossians 1:11

Fruit – Galatians  
5:22-23

Wisdom – 1  
Corinthians 2:10

Help – John 14:16

JOY – Ephesians  
5:18-21

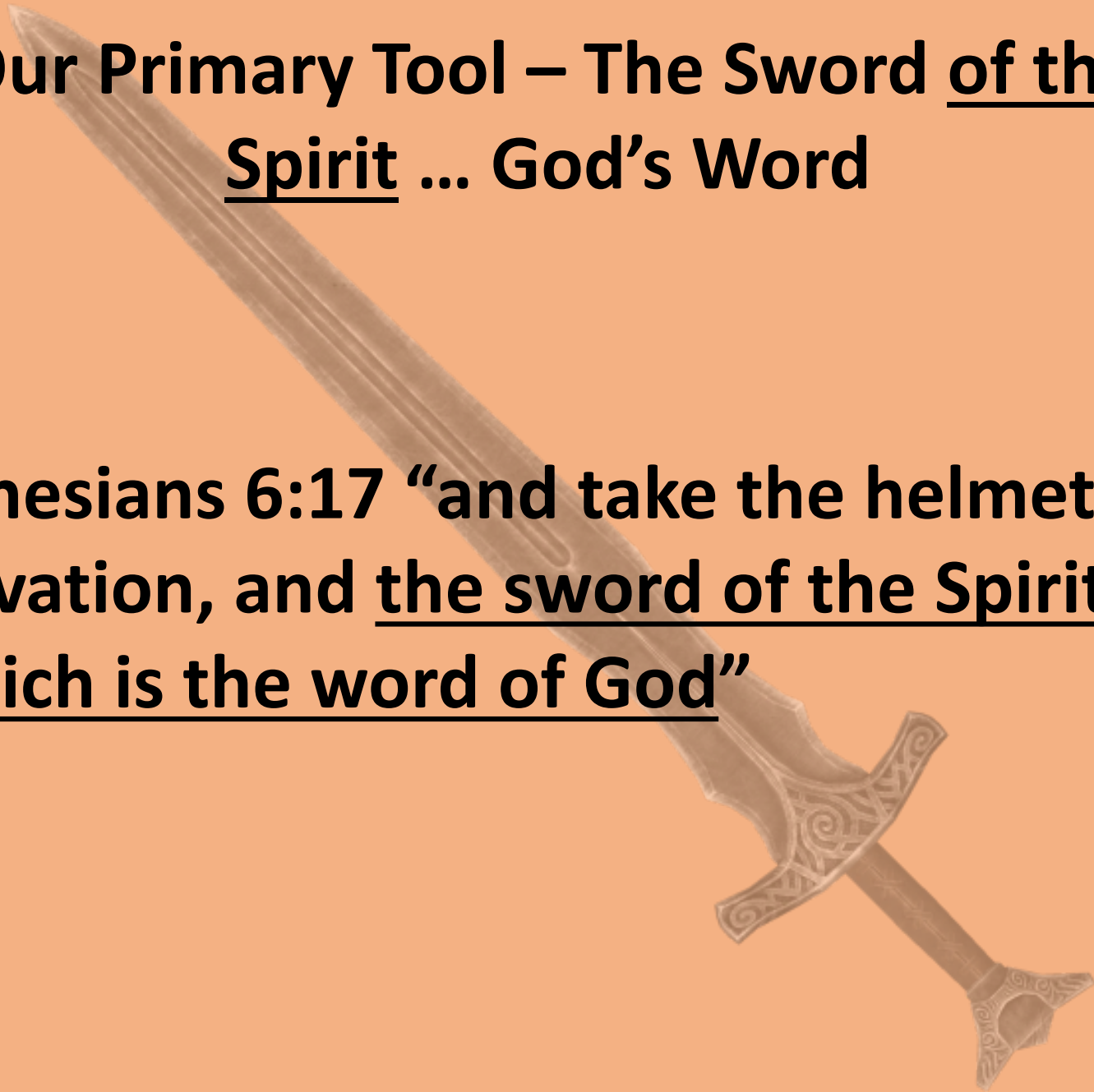
Power – Acts 1:8

**How do we  
experience this kind  
of LIFE?**



# **Our Primary Tool – The Sword of the Spirit ... God's Word**

**Ephesians 6:17 “and take the helmet of salvation, and the sword of the Spirit, which is the word of God”**

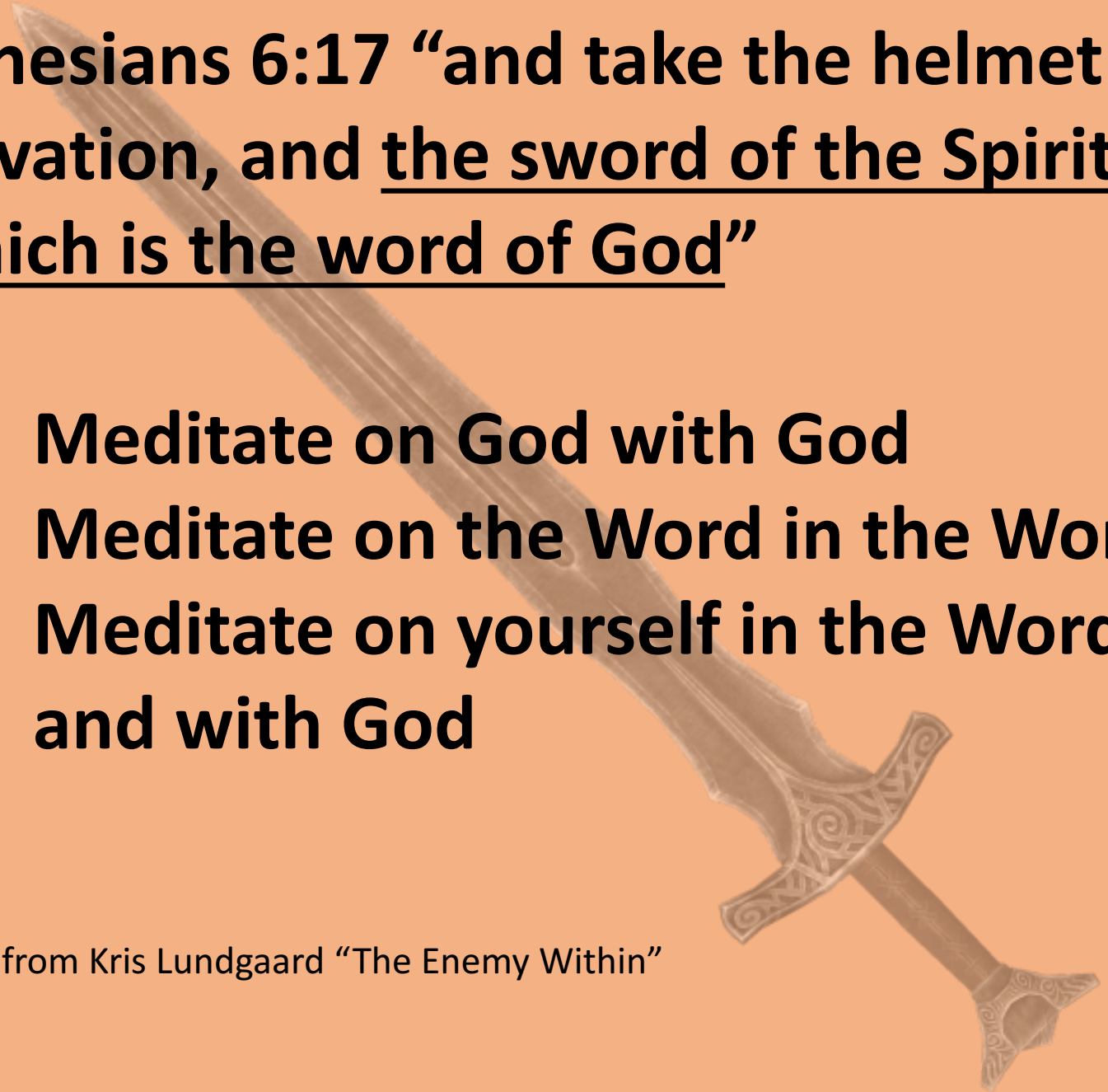




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- 1. Meditate on God with God**
- 2. Meditate on the Word in the Word**
- 3. Meditate on yourself in the Word and with God**

Principles from Kris Lundgaard “The Enemy Within”



## Isaiah 30:21-22

Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, “This is the way; walk in it.” Then you will desecrate your idols overlaid with silver and your images covered with gold; you will throw them away like a menstrual cloth and say to them, “Away with you!”