



Enlarging my Heart through God's Word
Psalm 119:25-32
Pastor Byron Hand

Psalm 119:25–32 (ESV)

DALETH

- 25 My soul **clings** to the dust; **give me** life according to your word!
26 When I told of my ways, you answered me; teach me your statutes!
27 **Make me** understand the way of your precepts, and **I will meditate** on your wondrous works.
28 My soul melts away for sorrow; **strengthen me** according to your word!
29 **Put false ways** far from me and graciously **teach me** your law!
30 **I have chosen** the way of faithfulness; **I set** your rules before me.
31 **I cling** to your testimonies, O LORD; **let me not** be put to shame!
32 **I will run** in the way of your commandments **when you enlarge my heart!**

The 119th Psalm is the prayer notebook of a man who solves every problem in life by means of the Bible. In verse after verse he explains how the Scriptures sustained and guided him through all of life's vicissitudes.
Jay Adams

The poem was almost certainly composed for memorization. Its form with eight lines in each stanza following the order of the Hebrew alphabet would make memorization an achievable task. In addition, as many language groups would have it, dealing with a subject from A to Z means comprehensive coverage.
O. Palmer Robertson

What does it mean in Verse 23 to “enlarge my heart”?

Psalm 119:32 (NIV) I run in the path of your commands, for you have broadened my understanding.
Psalm 119:32 (NIV84) I run in the path of your commands, for you have set my heart free.
Psalm 119:32 (NKJV) I will run the course of Your commandments, For You shall enlarge my heart.

Setting of the Psalm

Main Idea

1. C _____

2. C _____

3. R _____

For personal reflection or life group discussion:

1. Read Psalm 119:25-32 in different translations.
2. Take some time and reflect on for specific prayers from Psalm 119 ... prayers as we approach the reading and study of the Bible: Psalm 119:18-19; 119:26; 119:27; 119:29. What are we asking, really asking, when we pray these before we read God's word?
3. Read Psalm 119:30-32 – In verses 25-29 we see the Psalmist fully depending on the Lord for life, sustaining grace, and illumination. In verses 30-32 the Psalmist affirms his deep commitment to the Lord with the language of action "I have chosen ... I have set ... I hold fast ... I run."
4. Take some time and reflect on fully depending on the Lord; and on the other hand taking full responsibility to action. Do we ever pray too much and plan too little? Do we ever plan too much and pray too little?
5. "Devotion to God focuses on doing his will." VanGemeren – Some food for thought.